

Independent Contractor Assessment

Background

26 August 2024.

'real substance, practical reality and true nature of the relationship';

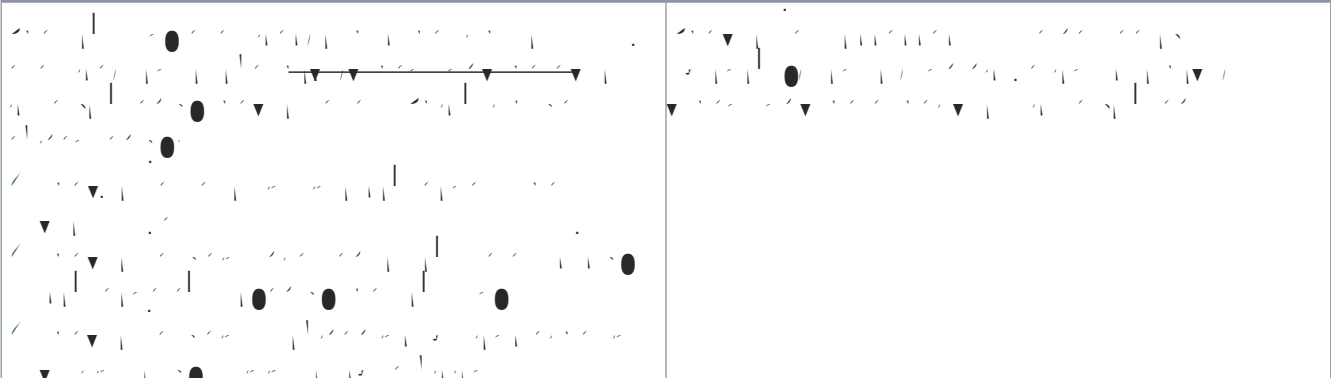
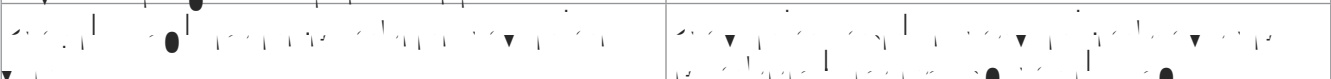
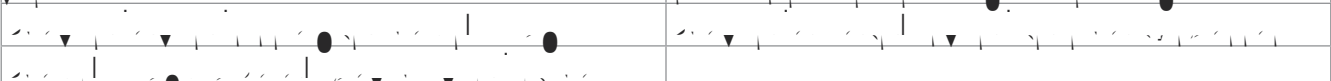
Assessing whether a worker is an 'employee' or 'independent contractor'

real substance, practical reality and true nature of the relationship'



Lea e	
Di ci lina Ac i n	
C mme cial i k	

Direction and Control



Remember, understand and evaluate	
	
	
	
	
	
	
	

- ▶ **Stress** is a response to a stimulus (stressor) that is perceived as a threat or challenge.
- ▶ **Stressors** can be physical (e.g., noise, pain, temperature) or psychological (e.g., pressure, conflict, loss).
- ▶ **Stress** is a state of physiological and psychological arousal.
- ▶ **Stress** can be acute (short-term) or chronic (long-term).
- ▶ **Stress** can have both positive (eustress) and negative (distress) effects.
- ▶ **Stress** can lead to physical and psychological health problems.
- ▶ **Stress** can be managed through various techniques (e.g., relaxation, exercise, cognitive-behavioral therapy).

Need hel ?

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